

WOODLAND JOINT UNIFIED SCHOOL DISTRICT



**Resolution 49-22:  
Mental Health Awareness Month - May 2022**

**WHEREAS**, mental health is essential to everyone's overall health and well-being; and

**WHEREAS**, early intervention efforts could greatly reduce the number of people experiencing serious mental health conditions; and

**WHEREAS**, there is strong research that humor, recreation, social connections, and work-life balance can help all Americans protect their health and well-being; and

**WHEREAS**, there is a need to improve public awareness of mental illness and to strengthen local and national awareness of brain diseases, so that all those with mental illness may receive adequate and appropriate treatment that will result in their becoming fully functioning members of society; and

**WHEREAS**, each school district, elected official, government agency, business, healthcare provider, organization, and citizen shares the burden of mental health problems, and has a responsibility to promote mental wellness and support prevention efforts; and

**WHEREAS**, since 1949, May has officially been recognized as Mental Health Month.

**NOW THEREFORE, BE IT RESOLVED**, that the Woodland Joint Unified School District Board of Trustees hereby declare the month of May as Mental Health Awareness Month.

**IN WITNESS THERETO**, the Woodland Joint Unified School District does hereby adopt this resolution this 12th day of May 2022, by unanimous Board of Trustees' vote.

A handwritten signature in blue ink, appearing to read "Clodine G. Langston", written over a horizontal line.

BOARD SECRETARY

A handwritten signature in blue ink, appearing to read "John H. H.", written over a horizontal line.

BOARD PRESIDENT